

HEALTH CARE REIMBURSEMENT ACCOUNT WORK SHEET

Estimate your Out-of-Pocket Costs for Health Care Expenses

Participating in the Health Care Reimbursement Account is an excellent way for you to pay for un-reimbursed health care expenses with pre-tax dollars.

You will need to estimate your out-of-pocket expenses for the entire plan year from January 1st through December 31st. Reviewing prior years out of pocket costs will give you a good indication of what your expenses might be for the new Plan Year.

This work sheet will assist you in calculating your out-of-pocket medical expenses that you and your family expect to incur during your plan year.

Important Note: The federal law requires that you must forfeit any unused amounts remaining in your account at the end of the plan year so plan carefully!

Total Out-of-Pocket Expenses:	\$
Other Eligible Health Care Expenses	\$
Over the Counter Drugs	\$
Hearing Co-payments	\$
Vision Co-payments	\$
Dental Co-payments	\$
Dental Deductibles for you and your family	\$
Prescription Drug Co-payments	\$
Medical Co-payments/co-insurance	\$
Medical Deductibles for you and your family	\$